

From Well Being Journal Special Edition: Healing Cancer Naturally

Haelan Reverses Cancer Cell Growth

by Donna Sage, M.S.S.A.

Editor's Note: Healthy cells stop performing and recreating, and they mutate in ways that ultimately lead to their death, multiplying uncontrollably when cancer takes over. This can lead to tumor formation and serious disease. Cancer is a systemic disease; it involves the body as well as mental and emotional components. The whole system must be addressed for healing to occur. This article addresses a nutrient that shows promise in supporting the physical body. Cancer cells act like parasites and often develop their own blood supply, which takes protein and other nutrients from the rest of the body. When there are many cancer cells, they can circulate through the blood to other parts of the body. This is called metastasizing. When cancer cells and tumors are consuming much of the nutrients of the body, the body starves, and this is called cachexia. Causes for cancer are many, but a preponderance of research points to three main causes—and most probably a combination of them: poor nutrition; mental and emotional stress; and toxins in foods, cosmetics, household cleaners, water, air, or literally anything that is breathed, placed on the skin, or otherwise consumed. We have a lot to correct to achieve collective health.

At least 40% of those who die with cancer do so because of protein calorie malnutrition, not cancer, according to Patrick Quillian, Ph.D., R.D., C.N.S, and author of *Beating Cancer with Nutrition*.¹ Ross Pelton, Ph.D. (pharmacist, clinical nutritionist and psychologist), was the administrator at Hospital Santa Monica for six years, and is the author of *How to Prevent Breast Cancer*.^{1A} During his tenure at Hospital Santa Monica, a clinic that specializes in cancer treatment, he learned of Haelan, a fermented soy beverage that had shown promise in cancer cases. He treated a group of six cachexic* cancer patients with Haelan. Each patient had been deemed inoperable or untreatable after earlier interventions were unsuccessful. These patients were expected to live for a very limited time, in some cases only days.

Within two days of consuming an eight-ounce bottle per day, four patients were walking, and the remaining two patients were up and doing well within a week.² All of the patients experienced an increase in energy level and regained their appetites, and several experienced pain reduction. Pelton attributes the improvements to Haelan because of its “high concentration of anti-cancer agents, [and] phenomenal concentration of nutrients, phytochemicals and protein.” Once the patients regained strength, they were able to continue the alternative and complementary cancer treatment protocol at Hospital Santa Monica. Pelton's professional opinion of Haelan: “It is phenomenal.” He says that success of the product was very gratifying and recommends it as a nutritional supplement.

PERSONAL STORIES: HEALING LIVER CANCER

In September, 1995, Sherman Sanders was hospitalized after experiencing unexplainable chest pains.³ During exploratory surgery, doctors discovered stage four cholangiocarcinoma in his liver and gall bladder. The surgeon did not want to further operate, because there was too much cancer. Cancer had grown around the valve between the liver and gall bladder and pinched off the flow of bile, and for comfort, a drain was placed. Mr. Sanders was not expected to leave the hospital, as the estimated life span after diagnosis is one to three months. His oncologist, in a last effort, decided to try chemotherapy treatments. When the cancer was nonresponsive after the second treatment, Sanders notes, “They sent me home to die.”

Meanwhile, a family friend heard about Sanders' condition. She introduced Haelan to Sanders at his family home in LaVernia, Texas. He began drinking a bottle a day the first day, and noticed a great reduction in his chemotherapy-induced nausea, which had not abated since he had left the hospital. The same day, he experienced an increase in appetite and energy level. He continued to drink a bottle per day, and his blood chemistry improved to such a level that the oncologists decided to resume the chemotherapy treatments. Sanders continued to drink a bottle a day of Haelan in conjunction with chemotherapy. He did not experience any adverse side effects of the chemotherapy. In addition to gaining weight, he found that his hair grew in darker than before. Within six weeks, his doctor reported that the cancer around the bile duct had shrunk by 50%.

With this encouragement, Sanders continued to drink Haelan and take the chemotherapy. In addition to Haelan, he became vegetarian and took venus fly trap, red clover, CoQ10, liquid oxygen and pycnogenol, though Sanders attributes his recovery primarily to the Haelan. “I drank a maintenance dose of Haelan a day for two years. I switched doctors

when we moved, and my new doctor, Clay Skinner, M.D., did not believe me when I told him that I had liver cancer, because no one is known to ever have survived cholangiocarcinoma. He took a biopsy of my liver and had it compared to the biopsy sample from my exploratory surgery, and, sure enough, the test confirmed that it really was my liver. I tried to tell him, but now he believes me!” says Sanders. “I wouldn't be here without Haelan, lots of prayers, a changed diet and a positive attitude.”

In a phone interview, Dr. Skinner stated he had confirmed the original diagnosis from tissue sample analysis and that Sanders was cancer free on a gross and microscopic level in March, 1998. Skinner said, “It is striking that someone with cholangiocarcinoma is alive. Chemotherapy typically has no effect on this type of cancer. There are absolutely no survivors of this type of cancer that I am aware of, and the only significant thing he did differently is take Haelan.”¹⁹

1999 Update: It was easy to feel his smile and vibrant energy through the phone connection in my follow-up interview with Sherman. He was excited and he wanted to know if his story was helping other people. He said that he was feeling great and that he had seen his doctor in December, 1998. “[He] told me to come back in six months for a checkup and said for me to keep doing what I am doing. They did not find any cancer.” Although Sherman admits he does not have the energy he had before liver cancer, he sounded very contented with being alive, and he describes having a high quality of life.

He now drinks two ounces of Haelan daily for health maintenance, and he takes a vitamin supplement. He is enjoying the retirement he was forced to accept when faced with cancer in 1995. A carpenter by trade, he enjoys spending time out in his workshop making things and tinkering with mechanics. His wife Lydia has returned to volunteering in the community now that Sherman's health has improved. They are planning a vacation, and they look forward to traveling together. In the last few months, two great-grandchildren were born; this totals thirteen grandchildren and great-grandchildren so far. “I thank the Lord for letting me stay alive to see my great-grandchildren,” says Sherman, adding, “I would put Haelan up against any cancer treatment. It is a life saver. If it is held back, lots of people will die.” He describes himself as “one of the lucky ones” who found out about Haelan in time to save his life, and he hopes that others can learn about it as well.

2000 Update: Sherman Sanders is now age 65. In a follow-up interview with Sherman, he had just returned from a month-long summer vacation visiting family. Sherman has had no indications of any cancer returning to his body and has been continuing to enjoy his

retirement. His most interesting health news is that in May 2000, he had to go in for heart surgery as a result of damaged veins from the rigorous chemotherapy he was on. “The chemo destroyed some of my veins and they went in and opened them up again. The angioplasty was successful and I'm still here and still taking Haelan.” Sherman took a bottle of Haelan per day for almost 2 years and still continues to take a maintenance dose of about 2 oz per day as a preventative cancer and wellness measure. He also maintains several of his nutritional interventions including a low cholesterol and primarily vegetarian diet as well as light exercising. He has discontinued taking the venus flytrap, CoQ10, liquid oxygen and red clover, as he feels that improved nutrition and Haelan are the right tools to keep him on track and cancer free. “My wife and the good Lord are taking good care of me. If it wasn't for the prayers and Haelan I am sure that I would not be here today,” says Sherman.

TAKING HAELAN FOR ADVANCED BREAST CANCER

Nina Presniakov, an 80-year old Russian woman, was diagnosed in the late summer of 1996 with advanced breast cancer that had metastasized to her left arm, clavicle, hips, and spine.⁴ According to her son, Alexander (who spoke for his mother, as he was very fluent in English), her doctors offered surgery, more as a symbolic effort, to curb the cancer, but she declined. She was sent home, and the doctors told her that she had no more than six months to live. Upon her return home, Alexander began to look for alternative treatments. Nina continued to stay active in her community, and made significant nutritional improvements including eliminating refined sugars and eating lots of fresh vegetables, fish, and fruit. She also took vitamin supplements. She had not been exercising prior to her diagnosis, but began walking on a regular basis.

After much further research, Alexander discovered Haelan. Nina began to drink a bottle of Haelan per day in January 1997, in conjunction with her nutritional changes. With these nutritional and lifestyle improvements alone, she had already survived five months. She returned to the doctor's office a second time in March, 1997, more than six months after her diagnosis. They were very surprised to see her, as she had outlived their prediction. Further, her oncologist could not detect any cancer in her bones or breasts. Mammograms performed in April and November, 1997, showed she was cancer free.

Nina Presniakov now takes four tablespoons of Haelan per day as a wellness dose to maintain optimum health. “My mother is still alive and in the best health of her life.... We were stunned at first with the results of Haelan. It truly is a miracle,” says Alexander. He

recommends taking a simple approach to health: eating good healthful food and nurturing a strong faith in God. Nina lives cancer free as of this writing, November 10th, 1998.

1999 Update: Nina's son Alexander reported to me in our most recent conversation (January 14, 1999) that Nina is currently doing “magnificently.” Follow-up mammograms a few days earlier illustrated that the cancer was still “in remission.”

The only evidence that the cancer was ever there is some shadowing in her breasts described as “scar tissue.” Essentially, this scar tissue is the dead tumor that is being reabsorbed and eliminated from her body. Alexander tracks changes in this scar tissue through the mammograms his mother receives. Nina currently takes approximately 1/2 bottle of Haelan daily to support the elimination of the scar tissue. “The scar tissue is traveling up and out of her system. I can actually see small striations moving out of the breast, and the Haelan is a potent means of extracting this tissue by cleansing the body,” Alexander notes.

Alexander excitedly explains, “I have seen my [eighty-year-old] mother come full circle. Her cancer is gone, she has lost excess weight, and she is more physically active and energetic. I feel her overall constitution has greatly improved. People have started to notice she has regained her vigor, her skin looks rejuvenated, and she has rosy cheeks!” Nina is scheduled for further testing (thermography) to confirm that the cancer is gone.

Interestingly, Alexander's father, who has suffered from severe Parkinson's disease, began taking two tablespoons of Haelan per day. He has experienced a 90% reduction in tremors. He used to fall down daily, and he has not fallen since beginning the Haelan supplementation.

Obviously there are many facets to Haelan technology and the lives it touches. Haelan is much more than just tofu or soy food (see below). It is special because of its processing and its concentration of usable anticancer agents. Also, because of its seeming usefulness in treating cancerous illness, its history alone sends a message of hope to those who are seeking to be healed.

2000 Update: Nina Presniakov, now age 82, recently had a physical that reported her in generally good health. Her body has been unable to reabsorb a few small (1/3 inch) cyst-like non-cancerous lumps since she discontinued Haelan about a year ago. These lumps seem to be common with breast cancer patients who take Haelan, because it causes tumors

to die and break apart, but with continued use of Haelan, the lumps are seen to be assimilated into the blood stream and then filtered out and eliminated. Nina plans to resume taking Haelan. Her friends still claim that she has had a face-lift, as she looks so much more youthful and vibrant.

A CASE INVOLVING PROSTATE CANCER

There is a well-documented research case involving prostate cancer. Preliminary results are impressive. A 57-year-old man was turned away from medical doctors as his condition had deteriorated so substantially. The patient's PSA was 36.7 and he had a Gleason score of 8.0. His surgeon, at a premier cancer facility, does not operate on people with Gleason scores above a 6.0. After this “rejection” by doctors, the patient chose a holistic oriented treatment plan. Haelan is a primary component of the plan, in conjunction with nutritional changes and specialized herbal and blood treatments, including UV blood irradiation. After he followed the treatment plan for one week, his PSA dropped to 29; after three weeks it was 11.6 and after five weeks it was down to 4.5. His condition and treatment are being closely monitored, as such results have not been achieved with conventional protocols.

(There are more personal stories at the end of this article.)

WHAT IS HAELAN?

As most readers are aware, there has been a vast amount of research that focuses on the soybean and its ability to reduce or eliminate cancerous cells. Isoflavones found in soy have been shown to inhibit angiogenesis, the growth of blood vessels used to supply a tumor with nourishment for growth. Protease inhibitors found in soybeans have been proven to prevent the activation of genes that can cause cancer. Soy isoflavones are also known for their ability to stimulate differentiation, causing cancerous cells to change back into healthy, noncancerous cells, and they inhibit cancer cell growth.²⁰ Isoflavones mimic estrogen in the body; however, they are significantly less potent in comparison to natural estrogens.²¹ These isoflavones, or phytoestrogens, successfully compete with estrogen for the limited number of hormone receptor sites and as a result, cellular estrogen levels decrease. As many cancers are related to excess estrogen concentrations, this is a positive step in preventing those cancerous conditions. In addition, isoflavones are superior antioxidants, which reduce cell damage that may lead to cancer and other diseases.²⁰

Tofu and soy products contain a high concentration of isoflavones. However, to reach therapeutic levels of these isoflavones, supplementation is recommended. Steven Holt, M. D., a respected researcher in soy nutrients, recommends soy supplementation, as otherwise a person would have to eat more than half a pound of tofu to reach the recommended health maintenance levels of 50 to 80 mg of genistin daily.⁵ However, some researchers have been cautioning that unfermented soy products are actually thyroid inhibiting.²⁰

Fermented soy supplementation is a superior method of providing the body with the useful characteristics of soy. Haelan is a concentrated, specially fermented soy beverage developed in China during the early 1980s as a hospital nutrition supplement. It is rich in anti-cancer nutrients, including the two main isoflavones genistein and daidzein (there are seven other known isoflavones differing slightly in molecular structure), and protease inhibitors (these prevent the mutation of healthy cells into cancerous cells). It also is rich in proteins, selenium, zinc and vitamins A, B1, B2, B12, C, D, E and K. Haelan is an FDA-approved food category product.

Haelan is made from organically grown soybeans grown in Mongolia, China. These beans are hand picked at the peak of ripeness. The Haelan Company reports that the content of phytochemicals in these soybeans is four times more potent than in soybeans grown in the U.S., due to the superior mineral content of the soil and harvesting and sorting techniques. A multidisciplinary team of hospital staff, physicians, medical school personnel, nutritionists, and medical researchers from the East and West contribute to its ongoing improvement.

Manufacturing occurs in China, where two modern manufacturing facilities incorporate high-tech processes and employ approximately 80 workers. A patented low temperature fermentation process and other “trade secrets” pre-digest the soybean and make it more absorbable. Remarkably, starches and sugars from the soybean are eliminated in this painstaking fermentation process—this is a crucially significant point, as cancer loves sugars and starches. There is no candida-producing yeast present in the final product. The soybean is then hydrolyzed, or broken into smaller molecules that become bioactive, free-form amino acids and isoflavones. Finally the substance is nitrogenated.

These last two steps are vital to the effectiveness. When in the free form, the isoflavones are more readily used by the cells, since they are no longer attached to other compounds such as proteins. Cancer cells require high levels of nitrogen. The nitrogenation process of Haelan is a pivotal step, because the nitrogen molecule attached to the isoflavones during

nitrogenation acts as “bait” to delude cancer cells into ingesting not only the nitrogen but also the anti-cancer agents, or isoflavones. Soy powders, drinks and tofu do not provide these benefits as Haelan does. Not only do they lack the concentration of isoflavones, protein, vitamins, selenium, antioxidants and protease inhibitors found in Haelan, they also do not have the bound nitrogen molecule that baits the cancer cells to ingest nutrients that can ultimately diminish their ability to survive.

Haelan has been the focus of several clinical research projects performed in China and the United States. It has been shown to support the body at a cellular level,^{13,14} and to have a synergistic effect in the body that stimulates and supports the immune system and internal organs, making the body a hostile place for cancer or any other chronic disease, such as HIV-AIDS. One who has a healthy and strong body is not able to have cancer or any chronic debilitating condition.

ADDITIONAL RESEARCH

Researchers wanted to discover if Haelan could kill gastric cancer cells in a culture dish. Three separate tests were conducted. Results showed that Haelan killed 95%, 99% and 99% of the gastric cancer cells.⁹ Haelan is also able to eliminate parasites.¹⁰ In this controlled animal study, immune system functioning was monitored in 130 mice that were infected with the malaria parasite. Immune system functioning dropped by one-third in the malaria infected group, which was receiving no treatment. Haelan used as the sole treatment was 61% effective in eliminating the parasite in these mice, and used in conjunction with Chinese malaria medication was 100% effective in prohibiting malaria parasitic infection. The mice treated with Haelan alone experienced immune system stimulation occurring at a rate of approximately 700%.

A hospital study in 1992 was designed to determine if supplementing with Haelan would improve the cancer patient's healthy energy and reduce toxic side effects of radiation and chemotherapy.¹¹ Of the patients given Haelan, all 117 successfully completed the scheduled course of radiation and chemotherapy. No supplemented patients required blood transfusions, and many symptoms of chemotherapy and radiation were eased in comparison to control groups receiving no Haelan nutritional supplementation. The following side effects of chemotherapy were significantly reduced with the use of Haelan nutritional supplementation during chemotherapy and radiation treatments: decrease in appetite, nausea and vomiting, diarrhea, constipation, hair loss, stomatitis and hemorrhage. Those who received Haelan also had the least decrease in white blood cell counts and

hemoglobin in comparison to non-supplemented groups. “We have often thought that if all people who were using [allopathic] medical techniques to treat cancer would combine their technique with Haelan as a nutritional supplement, the overall result would be beneficial to the patient,” says Walter Wainright, a research consultant for Haelan.⁷

Another study with mice was designed to see if nutrition with Haelan would improve the results of the chemotherapeutic drug cyclophosphamide.¹² Experimental groups were given Haelan one week prior to and eight days after being infected with liver cancer, and then treated with cyclophosphamide. The life span of mice treated with only the cyclophosphamide was 2.44 days, while the mice treated with Haelan and cyclophosphamide lived 94 days. One would like to see a study with a control group where only Haelan is used with no chemotherapeutic agent. It was also learned in this study that Haelan is able to protect the liver from thioacetamide, a toxic substance to the liver as well as a carcinogenic factor. Haelan also displayed an ability to support the liver in resisting oxidizing damage. The researchers concluded that Haelan is appropriate as an adjuvant nutritional supplement for cancer patients with certain tumors, and especially liver cancer.

Yet another study assessed the role of Haelan used in conjunction with chemotherapy.¹³ Leukopenia is the abnormal decrease of white blood cells to fewer than 5,000 cells per cubic millimeter, a condition that can be caused by chemotherapy. The white cell count in mice that were given cyclophosphamide after being infected with H22 liver cancer dropped from the control of 10,495 to 2,580. The mice supplemented with 100% Haelan, under the same conditions, maintained white blood cells to a count of 4,820. This is an 86.8% increase of white blood cells in mice treated with Haelan in comparison to the group who received no supplementation.

A large inpatient anti-aging study conducted in a Chinese hospital involved 303 healthy volunteers who wanted to see if their health could be improved with Haelan supplementation.¹⁴ Over the course of three months, subjects were given the same exact hospital food and living environment. Those supplemented with Haelan at one ounce per day showed significant improvements in several areas of measure, including heart functioning, brain functioning, immune system function and sex hormone balancing. Some subjects who had gray hair experienced growth of dark hair during supplementation.

Improvements in lung functioning were demonstrated in a group of volunteer males using Haelan who had category one and category two pneumoconiosis and emphysema.¹⁵

Oxidation was shown to decrease, and ventilation function improved. Haelan was proven effective in protecting the liver from toxic effects of poisoning.¹⁶ Seventy-five percent diluted Haelan showed a marked decrease in serum glutamic pyruvic transaminase. This enzyme is known to increase when the liver is poisoned. The mice treated with Haelan did as well or better than mice treated with the drug diisophylamine without side effects.

Haelan was shown to improve health in malnourished youth 6 months to 11 years of age.¹⁷ Youth supplemented with Haelan exhibited a 9.5% increase in body weight, and subcutaneous fat increased by 6%. The trace elements iron and zinc increased by 34% and 15% respectively, and hemoglobin rose 6%.

Dystrophy is any abnormal condition caused by defective nutrition or metabolism. Researchers wanted to see if Haelan had any effect on mice induced with dystrophy.¹⁸ Studying the somatotrophic effect of Haelan on dystrophic mice showed a significant improvement in their nutritional status and growth, and the mice were able to reach normal weight levels with Haelan supplementation.

Thousands of people have had positive results with Haelan, whether in life extension or quality of life. It is important to note that those who are successful in managing their health typically have made significant lifestyle changes as well. A woman who has survived breast cancer since 1981 using allopathic and nutritional approaches including Haelan: “It tasted so horrible I thought I would never get down those 20 bottles, but I have gotten down 385 bottles.... It tastes horrible—and anybody who wants to live will drink it.”

MORE PERSONAL STORIES

Caitlin is a beautiful little girl who will be celebrating her second birthday on March 7, 1999. For her parents, Robin and Michael Guerra, Caitlin is a miracle baby. When Caitlin was around three months of age, Robin noticed that her daughter's right eye had started to bulge a little, and she made an appointment for a routine checkup in July, 1997. In her own words, “I took her in for her four-month checkup and asked the doctor to check her eye.” The routine checkup turned into a day that will never be forgotten. After consulting two doctors, Robin and Michael had received a preliminary diagnosis: Caitlin had a tumor surrounding her optic nerve. Never had they suspected that their daughter had cancer. Angry and confused, they proceeded with more and more tests. One week later, Caitlin was further diagnosed as having visual pathway glioma, a type of astocytoma, and her

parents were told she was not expected to survive; in fact, the doctors gave her only a 7 1/2 % chance of living to her first birthday. Caitlin had three large, fast-growing cancerous tumors connecting from her eye to the base of her spine.

Robin and Michael were bewildered. The doctors said that most likely Caitlin had had this cancer even while she was in the womb, and they were unable to determine its root cause. She has a healthy four-year-old brother, Spencer, who has no reported health problems. Caitlin was immediately admitted into the hospital to commence with chemotherapy. After six days in the hospital, Robin had learned how to change dressings and care for the IV that had been placed in Caitlin's chest for chemotherapy. Knowing the toxic effect of chemotherapy, Robin was worried about her daughter. She says, "I felt like I was poisoning my baby; it hit me really hard," but adds that they felt it was the best thing to do given the circumstances. Caitlin survived six months of chemotherapy, and during this time, the family was asking for prayers and searching for a better way.

Just as the doctor was reducing the chemotherapy due to neutropenia, Caitlin's great-aunt Alice learned about Haelan, and soon Caitlin was drinking 1/2 a bottle per day. Robin mixes the Haelan with maple syrup and a natural banana flavoring in her baby bottle. Fortunately, Caitlin has never been a picky eater. In addition to supplementing with Haelan, other nutritional interventions were implemented. Caitlin was breast fed until she was 11 months old, and she now eats only organic baby food, as the family strives to "keep things natural" so she can use her energy to heal. She has also taken Thymic Protein A intermittently and has just begun to take MGN-3, a mushroom-based immune system stimulant. As an immunocompromised baby, Caitlin does not receive any vaccinations.

Alice has been an alternative health advocate, and she says, "There is no doubt in my mind that she wouldn't have made it without the alternatives." Alice describes Caitlin as a happy-go-lucky little girl who has a hot temper, flexible mood, and lots of energy. She is a small child weighing only 21 pounds, but her mom is also very small, weighing 97 pounds. Developmentally, Caitlin had a slow start. She began crawling at 11 months, but she has been catching up quickly and her verbal skills are also improving. Caitlin does not look like a cancer baby; in fact, she has a full head of hair and rosy cheeks. To date, the tumors have stopped growing and have reduced in size, and they now seem to be encapsulated. "Out of all the things we do for Caitlin, I think the soy is giving her the energy. I do anything I can. I'll add to her plan, but I won't take away the soy," says Robin.

PRECANCEROUS SKIN CONDITION

A *Well Being Journal* reader contacted me with his own story, of using Haelan to help eliminate a precancerous skin condition. He was raised in Arizona and at the age of eight was told by the family physician he had a cancerous mole that should be removed (it ultimately healed itself). He has a family history of skin cancer, including melanoma. Avoiding the sun as well as being on a careful nutritional program has helped keep his cancer risk at bay. A year ago, however, a skin lesion about 1/8 inch in diameter appeared on his cheekbone, and his doctor diagnosed it as possibly a precancerous skin lesion. Having learned of Haelan, he obtained eight bottles and drank a bottle a day for the first four days and then drank only one ounce per day for the next 32 days. He noticed that the redness significantly decreased during this time.

A scheduled trip out of the country left him without Haelan for three weeks, and the redness and itching resumed upon his return home. He began taking the Haelan at one ounce per day again and within three days noticed the spot was not only getting less red but was also decreasing in size. Experimenting, he chose to take a break from the Haelan and do an extensive body cleanse that lasted three weeks. During this time, he ate only alkaline foods, large quantities of spirulina and chlorella, as well as the necessary herbs. The red spot began to increase again. After completing the cleanse, he resumed Haelan at one ounce per day and within five days saw improvements to the spot including decrease in redness, itching, tenderness and size. Currently, after adding treatment with a small magnet, the area has almost totally returned to a normal skin tone; rather than being an irritated, abraded patch of skin, it is healthy. This reader attributes his improvements to Haelan: "I know that when I drank the Haelan, the lesion decreased ... the only thing I did differently was take Haelan and then use the magnet (negative pole) taped to the spot."

HODGKIN'S LYMPHOMA AND LIVER CANCER

Al Sherertz, age 47, is a family man. When he was diagnosed with stage 4 Hodgkin's lymphoma and histocytosis X in December, 1996, he was stunned. With three children and a loving wife, Al was not ready to give up on his life. He had noticed a lump in his neck, and a biopsy revealed that the growth was malignant. Four days after the surgery, Al began to drink Haelan, but surgery-related hepatitis already had hold of him. He was so sick that he discontinued the Haelan, and he slowly recovered from the hepatitis.

In January, his doctors recommended an aggressive course of chemotherapy, and Al resumed drinking a bottle per day of Haelan in conjunction with it. He also used vitamin C, milk thistle, alpha-linolenic acid and acupuncture. In addition, although he had

previously been an atheist, Al began to pray, and he had people all over the world praying for his recovery.

After two chemotherapy treatments, it was apparent that Al was having major complications. He reports that the chemotherapy had stimulated deep vein thrombosis, severe blood clotting in his right leg, which led to a 35-day hospitalization, during which time he discontinued Haelan and he was given massive doses of heparin. He ended up needing plasma transfusions, because his body was allergic to the heparin and was consuming his white blood cells. Meanwhile, the condition of his leg was deteriorating. To save his life, his doctors began amputating—first at his toes, then at his ankle, and lastly at mid-knee, where they finally reached blood flow.

His doctor then resumed the chemotherapy treatments. The stump of his knee became necrotic, and the leg began to swell and develop blood clots. At that time, Al resumed drinking a bottle per day of Haelan and he applied it topically to the black, painful tissue. The necrosis was reversed. After two more treatments of chemotherapy, the doctor reported that Al was in total remission. Al notes, “My wife told the doctor it was the Haelan, and he just laughed at her. Although he had never seen anything like my sudden remission, he attributed it all to the chemotherapy. If I would have kept up with the chemo [without using Haelan], it would have killed me!”

Al hopes that clinical studies in the U.S. will be performed on Haelan, so that there will be more proof that it works. “Your oncologist will laugh and tell you that you are wasting your money [on Haelan] and that anything other than the norm is voodoo,” he says, but he recommends considering the nutritional supplement as an adjuvant treatment. “My doctor expected me to croak. I was not given any chance of survival... Now they call me a `miracle.”

Al is now healthy, except for the diseases that he attributes directly to the chemotherapy—diabetes and posterior cataracts. Every day, he is reminded by the absence of his leg of how hard those times were: “I am always aware of where I have been and how far I've come—and where I can go back to if I'm not careful.”

He believes that everything happens for a reason, and he feels that his disease was an opportunity. “Cancer was a wake-up call for me. There is more to life than material possessions. I put my priorities straight.” Since his illness, Al has been baptized as a Christian and has found a strong drive to help others. “I have been given a second chance

at life, and I try my best to live up to His expectations.”

HEALING BREAST CANCER

Patty Soccoman, age 64, was surprised when she noticed a lump in her right breast. A mother of six, grandmother of twelve, and great-grandmother of three, Patty had led an active life. An ultrasound in August 1997 revealed a suspicious mass. When imaged with mammography in October 1997, it was a 15x15x20-mm suspected cancer growth. Patty was diagnosed with ductile carcinoma that month. Her doctor hypothesized that the cancer had begun growing about 8 years prior to its appearance. This had been a time of stress for Patty. She believes stress was the prime factor in the cancer's development.

Her doctor was very concerned that the cancer had metastasized, and he recommended a comprehensive exam including a biopsy. The cancer had not spread at this point, but the biopsy revealed a malignant tumor. Patty's doctor proposed two courses of action, either a total mastectomy or a lumpectomy with removal of the lymph nodes under her arm followed by aggressive radiation. Patty wanted to keep her lymph nodes and wanted to start with the least invasive treatment options first. She chose a lumpectomy. The doctor was shocked that she didn't want her lymph nodes removed. When she arrived for surgery, he refused to do the lumpectomy, because she would not authorize removal of the lymph nodes.

This surgeon referred Patty to an oncologist who tried to scare her into doing not only the lumpectomy, but also total removal of the lymph nodes under her arm. Patty encourages all cancer patients, especially women, not to be “bullied” into aggressive, and often mutilating, treatment protocols. She says, “My doctor tried to scare me into surgery. I was anxious after my visit, because my doctor was so aggressive.... He said that if he was my husband, he would duct tape my mouth shut and force me to have the radical surgery. I think he is liable for emotional malpractice.... That was the last time I went to that doctor!” After that, Patty chose to forego the lumpectomy altogether and continued to look for alternative therapies.

She and her husband (who is a holistic physician) went to a medical symposium, where she met an old friend who recommended supplementing with Haelan fermented soy beverage. They also met Joe Todesco, whose company manufactures and imports Haelan. After several hours, they agreed that Haelan was worth a try.

Patty began drinking a bottle per day of Haelan on November 4, 1997. She had a follow-up mammogram six weeks later that revealed a significant decrease in tumor size. "I was amazed," reports her radiologist, Dr. Robert L. Turk, in a recent interview about Patty's recovery from cancer. A third mammogram revealed a 50% reduction in the vessel supplying nutrients to the minute tumor. She had four more mammograms, and each time the tumor was measured, it had decreased in size.

Her most recent mammogram, in August 1999, revealed only a shadow where the dead tumor once was. Dr. Turk says, "The remaining [tissue of the tumor] is an extremely small focus; the mass of the tumor has been continually cascading downward." He confirmed that there are no other nodes or other signs of cancer in the breast tissue. All of her organs have been scanned by ultrasound, and there is no evidence of metastases.

When asked if he has seen comparable results with other treatments for breast cancer in his 32 years of experience, he said, "This doesn't occur; I have not seen these kinds of improvements. Frankly, most people don't wait on surgery.... The fact that Patty did was different. It has provided an unbelievable opportunity to follow her progress [with her natural choices]."

Dr. Turk is skeptical about chemotherapy. He says, "Doctors sell treatments for cancer, not cures. They are always in opposition to opportunities like Haelan.... There is a great effort by the FDA to stop 'quacks'... but you cannot assume that if the FDA approves cancer treatments, they are safe." Haelan is an FDA-approved food supplement, but not an approved cancer treatment. When asked if he recommends Haelan, he responded with a chuckle, "My wife is on it, if that is any indication!" Mrs. Turk is surviving colon and liver cancer.

In addition to drinking Haelan, Patty supplemented with flax oil, CoQ10, and fresh vegetable and fruit juices; she also took 40 chelation treatments and supplemented with vitamin C. She began eating at least 80% raw, organic foods in her diet. She eliminated sugar and alcohol, got an air purifier, and shifted more of her attention to prayer and faith. She also rented funny movies and cassettes to stimulate her killer T-cell production. Patty says, "I am so happy. If I had gone with chemotherapy or radiation, I would not have had the quality of life through all of this. I might not even be alive!"

Patty attributes her recovery primarily to Haelan and a strong faith in God. She took a full bottle a day for seven months and currently continues on a maintenance dose of two

ounces morning and night. She also gives credit to the significant lifestyle and nutritional improvements for maintaining her cancer-free body. Patty says that her cancer was a wake-up call, an opportunity for her to assess all aspects of her life, and that she is thankful for her second chance at life. She hasn't missed a beat.

2000 Update: Patti, now age 65, continues to take a maintenance dose of 2 oz every day and says she feels great. She is scheduled for a mammogram in July 2000 and does not expect that there will be any cancer. Beyond the cancer abating, Patty reports other incredible benefits of taking the Haelan. “The cataracts on my eyes are gone. My doctor said the only way to get rid of cataracts is surgery—but he verified that they are gone without surgery and now he wants to study the Haelan.” She also reports incredible energy and anti-aging results. She maintains a biodynamic organic garden large enough to feed her family as well as the sick members of her church. She reports having a greater connection with God since her brush with cancer and says that her whole life is different. “I live every day as if it's my last. I feel great and love life!”

CONCLUDING REMARKS

Though soy has received much praise recently as researchers find more of its health benefits, not all soybean products are equally potent. The crucial distinction between Haelan and most other soy foods is in the processing. The specialized fermentation process Haelan uses makes anti-cancer agents in soy, such as isoflavones and genistein, bioavailable and easily usable by the cells of the body. Most importantly, Haelan's soy isoflavones get directly into cancer cells, where they can do their healing work using attached nitrogen molecules as their passkey to entry.

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NOTES

* Cachexia is a condition generally associated with cancer, especially metastasis, where there is a deleterious effect on the body's metabolism; it is characterized by weight loss, wasting of muscle, loss of appetite and general debility that can occur during a chronic disease.

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